

Prayer Station Activity



In parts of Africa, and in many parts of the Middle East, prayer flags are used to serve as reminders that we should be praying diligently for one another. You can create your own prayer flags with this activity.

Using a table, chairs or prayer rail, designate a specific area for your prayer station. Depending on the ages of your participants, you may choose to use candles or music to set a mood.

Find a place to hang a laundry line type rope (available in 50' lengths at Walmart for less than \$2 or hardware stores). Hang the line at a height convenient for all participants to reach (along the front of a table, connected between the backs of chairs or along the prayer rail). We suggest about 10-12 feet for every 20-25 participants. Purchase brightly colored and patterned fabric or collect fabric donations (we've even used old t-shirts or sheets) cut into 3"x18" strips. One yard of fabric will make anywhere from 22 4"wide strips-28 3"wide fabric strips.

Place fabric strips out on a table. If you choose, allow participants to use Sharpies to write the name of the person for whom they are praying on the fabric before tying it on to the rope. Holding the fabric, have participants pray specific prayers for Inua youth (found on the prepared prayer cards). When they have finished praying, tie the fabric in a single knot onto the laundry line.

When everyone has been through the prayers station, you will have a festive and colorful reminder to hang in a student/children's area to remind your group to continue to be in prayer for Inua!

